



AKLU & WKSF Rank Table

Men's 5 min Long Cycle 2 Arm

Org	AKLU - 32kg			AKLU - 28kg			AKLU - 24kg			AKLU - 20kg			AKLU - 16kg			AKLU - 12kg
Weight	CMS	Rank 1	Rank 2	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 3
63	27	17	13	27	17	13	35	27	17	35	27	17	35	27	17	35
68	30	20	16	30	20	16	38	30	20	38	30	20	38	30	20	38
74	33	23	17	33	23	17	42	33	23	42	33	23	42	33	23	42
80	35	25	19	35	25	19	47	35	25	47	35	25	47	35	25	47
87	38	27	20	38	27	20	48	38	27	48	38	27	48	38	27	48
95	40	29	21	40	29	21	49	40	29	49	40	29	49	40	29	49
95+	42	31	23	42	31	23	50	42	31	50	42	31	50	42	31	50

Men's 5 min Long Cycle 1 Arm

Org	AKLU - 32kg			AKLU - 28kg			AKLU - 24kg			AKLU - 20kg			AKLU - 16kg			AKLU - 12kg
Weight	CMS	Rank 1	Rank 2	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 3
63	58	50	40	58	50	40	60	58	50	60	58	50	60	58	50	60
68	60	52	42	60	52	42	62	60	52	62	60	52	62	60	52	62
74	61	54	44	61	54	44	64	61	54	64	61	54	64	61	54	64
80	62	56	46	62	56	46	66	62	56	66	62	56	66	62	56	66
87	63	58	48	63	58	48	68	63	58	68	63	58	68	63	58	68
95	64	59	49	64	59	49	69	64	59	69	64	59	69	64	59	69
95+	65	60	50	65	60	50	70	65	60	70	65	60	70	65	60	70

Men's 5 min Snatch

Org	AKLU - 32kg			AKLU - 28kg			AKLU - 24kg			AKLU - 20kg			AKLU - 16kg			AKLU - 12kg
Weight	CMS	Rank 1	Rank 2	Rank 1	Rank 3	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 3
63	80	66	55	80	66	55	90	80	66	90	80	66	90	80	66	90
68	82	68	57	82	68	57	91	82	68	91	82	68	91	82	68	91
74	84	70	59	84	70	59	92	84	70	92	84	70	92	84	70	92
80	86	72	61	86	72	61	94	86	72	94	86	72	94	86	72	94
87	88	74	63	88	74	63	96	88	74	96	88	74	96	88	74	96
95	89	75	64	89	75	64	98	89	75	98	89	75	98	89	75	98
95+	90	76	65	90	76	65	100	90	76	100	90	76	100	90	76	100

Men's 5 min Jerk 2 Arm

Org	AKLU - 32kg			AKLU - 28kg			AKLU - 24kg			AKLU - 20kg			AKLU - 16kg			AKLU - 12kg
Weight	CMS	Rank 1	Rank 2	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 3
63	58	50	40	58	50	40	66	58	50	66	58	50	66	58	50	66
68	60	52	42	60	52	42	68	60	52	68	60	52	68	60	52	68
74	61	54	44	61	54	44	70	61	54	70	61	54	70	61	54	70
80	62	56	46	62	56	46	71	62	56	71	62	56	71	62	56	71
87	63	58	48	63	58	48	72	63	58	72	63	58	72	63	58	72
95	64	59	49	64	59	49	74	64	59	74	64	59	74	64	59	74
95+	65	60	50	65	60	50	75	65	60	75	65	60	75	65	60	75

Men's 5 min Jerk 1 Arm

Org	AKLU - 32kg			AKLU - 28kg			AKLU - 24kg			AKLU - 20kg			AKLU - 16kg			AKLU - 12kg
Weight	CMS	Rank 1	Rank 2	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 3
63	68	58	50	68	58	50	84	68	58	84	68	58	84	68	58	84
68	70	60	52	70	60	52	85	70	60	85	70	60	85	70	60	85
74	71	61	54	71	61	54	86	71	61	86	71	61	86	71	61	86
80	72	62	56	72	62	56	87	72	62	87	72	62	87	72	62	87
87	73	63	58	73	63	58	88	73	63	88	73	63	88	73	63	88
95	74	64	59	74	64	59	89	74	64	89	74	64	89	74	64	89
95+	75	65	60	75	65	60	90	75	65	90	75	65	90	75	65	90

Men's 5 min Biathlon 2 Arm (Jerk + 0.5 Snatch)

Org	AKLU - 32kg			AKLU - 28kg			AKLU - 24kg			AKLU - 20kg			AKLU - 16kg			AKLU - 12kg
Weight	CMS	Rank 1	Rank 2	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 3
63	62	56	49	62	56	49	91	62	56	91	62	56	91	62	56	91
68	70	64	57	70	64	57	99	70	64	99	70	64	99	70	64	99
74	78	72	65	78	72	65	107	78	72	107	78	72	107	78	72	107
80	84	78	71	84	78	71	113	84	78	113	84	78	113	84	78	113
87	88	82	75	88	82	75	117	88	82	117	88	82	117	88	82	117
95	97	87	80	97	87	80	122	97	87	122	97	87	122	97	87	122
95+	101	90	83	101	90	83	125	101	90	125	101	90	125	101	90	125