



AKLU & WKSF Rank Table

Women's 5 min Long Cycle 2 Arm

Org	AKLU - 24kg			AKLU - 20kg			AKLU - 16kg			AKLU - 12kg			AKLU - 8kg
Weight	CMS	Rank 1	Rank 2	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 3
52	27	17	13	27	17	13	35	27	17	35	27	17	35
58	30	20	16	30	20	16	38	30	20	38	30	20	38
65	33	23	17	33	23	17	42	33	23	42	33	23	42
75	35	25	19	35	25	19	47	35	25	47	35	25	47
75+	38	27	20	38	27	20	48	38	27	48	38	27	48

Women's 5 min Long Cycle 1 Arm

Org	AKLU - 24kg			AKLU - 20kg			AKLU - 16kg			AKLU - 12kg			AKLU - 8kg
Weight	CMS	Rank 1	Rank 2	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 3
52	58	50	40	58	50	40	60	58	50	60	58	50	60
58	60	52	42	60	52	42	62	60	52	62	60	52	62
65	61	54	44	61	54	44	64	61	54	64	61	54	64
75	62	56	46	62	56	46	66	62	56	66	62	56	66
75+	63	58	48	63	58	48	68	63	58	68	63	58	68

Women's 5 min Snatch

Org	AKLU - 24kg			AKLU - 20kg			AKLU - 16kg			AKLU - 12kg			AKLU - 8kg
Weight	CMS	Rank 1	Rank 2	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 3
52	80	66	55	80	66	55	90	80	66	90	80	66	90
58	82	68	57	82	68	57	91	82	68	91	82	68	91
65	84	70	59	84	70	59	92	84	70	92	84	70	92
75	86	72	61	86	72	61	94	86	72	94	86	72	94
75+	88	74	63	88	74	63	96	88	74	96	88	74	96

Women's 5 min Jerk 2 Arm

Org	AKLU - 24kg			AKLU - 20kg			AKLU - 16kg			AKLU - 12kg			AKLU - 8kg
Weight	CMS	Rank 1	Rank 2	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 3
52	58	50	40	58	50	40	66	58	50	66	58	50	66
58	60	52	42	60	52	42	68	60	52	68	60	52	68
65	61	54	44	61	54	44	70	61	54	70	61	54	70
75	62	56	46	62	56	46	71	62	56	71	62	56	71
75+	63	58	48	63	58	48	72	63	58	72	63	58	72

Women's 5 min Jerk 1 Arm

Org	AKLU - 24kg			AKLU - 20kg			AKLU - 16kg			AKLU - 12kg			AKLU - 8kg
Weight	CMS	Rank 1	Rank 2	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 3
52	68	58	50	68	58	50	84	68	58	84	68	58	84
58	70	60	52	70	60	52	85	70	60	85	70	60	85
65	71	61	54	71	61	54	86	71	61	86	71	61	86
75	72	62	56	72	62	56	87	72	62	87	72	62	87
75+	73	63	58	73	63	58	88	73	63	88	73	63	88

Women's 5 min Biathlon 2 Arm (Jerk + 0.5 Snatch)

Org	AKLU - 24kg			AKLU - 20kg			AKLU - 16kg			AKLU - 12kg			AKLU - 8kg
Weight	CMS	Rank 1	Rank 2	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 1	Rank 2	Rank 3	Rank 3
52	62	56	49	62	56	49	91	62	56	91	62	56	91
58	70	64	57	70	64	57	99	70	64	99	70	64	99
65	78	72	65	78	72	65	107	78	72	107	78	72	107
75	84	78	71	84	78	71	113	84	78	113	84	78	113
75+	88	82	75	88	82	75	117	88	82	117	88	82	117